

**Kansas Health Care Association  
Kansas Center for Assisted Living**

**Nursing Advisory Committee**



**Presents**



**The 17th Annual  
Long Term Care Nurses Conference**

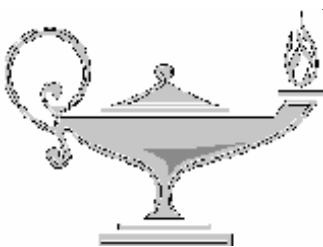


**Dementia and the Aging Brain  
Resources for Residents  
Coping with Behaviors**

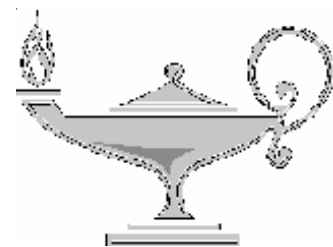
**April 29 & 30, 2009**

**Wichita Airport Hilton  
2098 Airport Rd  
Wichita, KS 67277  
316-945-5272**

*Special Reference Book  
Give-Away*



**KANSAS HEALTH CARE ASSOCIATION  
KANSAS CENTER FOR ASSISTED LIVING  
117 SW 6th Ave, Suite 200  
Topeka, Kansas 66603  
Phone: 785-267-6003  
Fax: 785-267-0833**



## AGENDA

WEDNESDAY, APRIL 29, 2009 - LTC NURSES CONFERENCE

- 8:00a.m. - 8:30a.m.      **REGISTRATION & SIGN-IN**
- 8:30a.m. - 9:45a.m.  
1.5 contact hours  
1.5 RC      **GENERAL SESSION - LEADERSHIP FOR THE LEADERS**  
Nursing leadership - it sets the tone in a home from embracing person centered care to attitudes toward those with dementia. This session will explore your role as a leader and the importance your attitude makes in helping staff deal with dementia and difficult behaviors.  
**Presenter: Francis Siedl, Ph.D.**
- 9:45a.m. - 10:00a.m.      **BREAK**
- 10:00a.m. - 11:30a.m.  
1.5 contact hours  
1.5 RC      **GENERAL SESSION - THE AGING BRAIN CONTINUED**  
If humans escaped other diseases and lived long enough, would every one develop Alzheimer's-like dementia? This session begins to answer that question and raises many more. What do we know at this time about the aging brain? What do we know about the major age-related disease in the brain i.e. Alzheimer's Disease? Can dementia be avoided and what can you as a nurse do to help your residents through this process?  
**Presenter: Mary L Michaelis, Ph.D.**
- 11:30a.m. - 12:45p.m.      **2009 NURSING AWARDS LUNCHEON**  
Join NAC in recognizing the best of the best at this very special awards luncheon. Cost is included in the registration fee.
- 1:00p.m. - 2:45p.m.  
2.0 contact hours  
2.0 RC      **NH BREAKOUT SESSION**  
Sometimes it's difficult finding resources to get your residents the behavioral care they need. This session looks at utilizing psychiatrists, psychologists and their ARNPs as well as pharmacological and non-pharmacological interventions for helping your residents.  
**Presented by: LaVetta Jarrett, ARNP**
- 1:00p.m. - 2:45p.m.  
2.0 contact hours  
2.0 RC      **AL BREAKOUT SESSION**  
State Licensed Only homes have always cared for residents with dementia, but have they been making the most of their consultant pharmacist visits to help manage the behavioral medications? This session looks at strategies for making the most of these visits and providing the best options for your residents.  
**Presenter: Angie Little-Young, PharmD. Senior Care Pharmacy**
- 2:45 - 3:00p.m.      **BREAK**

3:00p.m. - 4:30p.m.  
1.5 contact hours  
1.5 RC

### **NH BREAKOUT SESSION**

Psychotropic Drug reduction - sounds like a good idea and everyone wants you to do it, but how do you accomplish this task safely, humanly and within regulatory guidelines? This session takes a look at these questions and more.

**Presented by:** Angie Little-Young, PharmD. Senior Care Pharmacy

3:00p.m. - 4:30p.m.  
1.5 contact hours  
1.5 RC

### **AL BREAKOUT SESSION**

State Licensed Only homes are as different in scope of care as they are in individual personality. Decisions are made on a daily basis about what type of care you can manage, how much staff you need for each shift and when a resident's behavior warrants discharge. This session will share best practice and invite discussion on when to stay, when to go, and how to manage behaviors in a positive manner.

**Presenter:** Carol Feaker, RN

4:30p.m. - 5:00p.m.

### **NAC BUSINESS MEETING**

*ALL NAC MEMBERS ARE ENCOURAGED TO PARTICIPATE.*

## **THURSDAY, APRIL 30, 2009 - DAY TWO**

7:45a.m. - 8:00a.m.

### **REGISTRATION & SIGN-IN**

8:00a.m. - 1:00p.m.  
5.0 contact hours  
5.0 RC

### **GENERAL SESSION - Dementia & the Positive Side of Caregiving**

People with dementia teach great truths about what is important in life - given a chance. To her very last breath, we learned from the matriarch of our family about the effects of dementia and the variety of ways caregivers can assure that, as the condition causes more and more loss, the most precious possessions stay in place...a sense of belonging and value.

9:30a.m. - 9:45a.m.  
**BREAK**

This presentation will explore the impact of individual contributions on the *Active Living* environment. Creating a vibrant and positive atmosphere of care requires a team dedicated to nurturing the well-being of others not only physically, mentally, and spiritually, but also emotionally. In this interactive program, we will share lessons learned about how to effectively connect with those who have dementia and the positive outcomes of doing so.

**Presenter:** Rachel Kail and Mary Sharp - The EdCon Group

1:00p.m.

**Adjourn**



### Continuing Education:

**Nurses** - The Kansas Health Care Association is approved as a provider of continuing education by the Kansas State Board of Nursing. This offering is approved for 11.5 contact hours applicable for RN and LPN relicensure. (KSBN LT0030-0338)

**Administrators** - This course is approved for 11.5 continuing education clock hours for adult care home administrators - in the core area of resident care by the Kansas Department of Health & Environment. KDHE Health Occupations Credentialing Approved Provider number LTS-A0001

### Registration Deadline:

Registrations received after 5:00pm, **Wednesday, April 22, 2009** will be processed "first come first served" and be charged an additional \$25 fee per person.

### Cancellations/Substitutions:

**Cancellations** received in writing by **Friday, April 24, 2009** will receive an 80% refund. Cancellations received after **April 24, 2009** including "No shows" will receive no refund. Special dispensation will be given if proof of survey during the conference dates is provided. Substitutions are always welcome. If the substitute is seeking continuing education credit, be prepared to provide proper licensing information at the time of registration.

By policy of the Kansas Health Care Association Board of Directors, membership fees must be current to register at the reduced KHCA/KCAL member rate.

### Lodging:

A block of rooms is reserved at the Wichita Airport Hilton, site of the LTC conference. Room rates are only **\$96** a room. In order to receive this special rate, you must reserve your room by **April 11, 2009** by calling 1-800-247-4458 or 1-316-945-5272. Be sure to identify yourself as being with the Kansas Health Care Association (KHCA) when making your reservation. **After April 11, 2009, the hotel's regular rates will apply** - make your reservations now.

### Suggested Attire:

Casual and comfy - remember to wear layers as it is difficult to regulate the temperature of meeting rooms.

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Fax: 785-267-0833  
[www.khca.org](http://www.khca.org)  
[khca@khca.org](mailto:khca@khca.org)

**KHCA Registration Form**  
**17<sup>th</sup> ANNUAL LTC Nurses Conference**  
**Wichita Airport Hilton April 29 & 30, 2009**  
**Send Registrations: to 117 SW 6th Ave. Suite 200, Topeka, KS 66603**  
**or fax to 785-267-0833**

**Please Print**

Facility \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Facility email address (required for confirmation) \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Nickname \_\_\_\_\_ Email \_\_\_\_\_

Title \_\_\_\_\_ License Type \_\_\_\_\_ License Number \_\_\_\_\_

**KHCA/KCAL Member Fees: Per Person**

LTC Nurses Conference \$225 \_\_\_\_\_

**Add \$25 for Registrations**

**received after April 22, 2009**

Total Amount Due \_\_\_\_\_

**Non Member Fees: Per Person**

LTC Nurses Conference \$350 \_\_\_\_\_

**Add \$25 for Registrations**

**received after April 22, 2009**

Total Amount Due \_\_\_\_\_

Payment method: \_\_\_\_\_ Check \_\_\_\_\_ MasterCard \_\_\_\_\_ Visa \_\_\_\_\_

\_\_\_\_\_ *Bill Facility (KHCA/KCAL Members Only )*

*If paying by credit card, please indicate the following:*

*Print name on card* \_\_\_\_\_ *Do you need a receipt?* \_\_\_ yes \_\_\_ no

Account Number \_\_\_\_\_

Exp. Date \_\_\_\_\_

Amount \_\_\_\_\_ Signature \_\_\_\_\_

**Please carefully read the Registration Policy on the reverse side of this form.**

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The KHCA/KCAL Nursing Advisory Committee is an organization that gives nurses working in KHCA/KCAL member facilities a greater voice in the association. The committee works to give recognition to the many contributions made by licensed nurses to the field of geriatric care. The committee is also a critical part of the KHCA long-term continuing education providership with the Kansas State Board of Nursing. All nurses working in KHCA/KCAL member facilities are members of the committee.