



**KANSAS ADULT CARE EXECUTIVES
(KACE)**

Presents

***THE ABCs OF INCONTINENCE CARE IN LTC:
ASSESSMENT, BEHAVIORAL TREATMENT AND
CONTAINMENT***

By

Diane K. Newman, RNC MSN CRNP FAAN
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Division of Urology, University of Pennsylvania Medical Center
Philadelphia, Pennsylvania

Workshop Focus

Urinary incontinence (UI) is a significant problem that affects over 17 million Americans and is the second leading cause of admission to a nursing home. UI costs approximately 16 billion dollars per year, and can be improved and even cured. This workshop will provide a more in-depth review of CMS's Tag F315 guidance on "Urinary incontinence and catheters," as well as, the **ABCs** of Continence Care. These ABCs are:

Assessment – Outline of the components of the basic evaluation of long-term care residents with UI. It will identify at-risk populations and age-related changes that can contribute to this problem.

Behavioral Treatment – A compressive overview of the toileting programs will be provided. This will include scheduled and promoted voiding programs and bladder retraining techniques.

Containment – Emphasis will be placed on **BEST PRACTICES** to manage the problem of UI through the use of products, devices and catheters for UI that cannot be cured or improved through standard treatment.

Wednesday, October 15, 2008
Registration – 9:00 AM – 9:30 AM
Workshop – 9:30 AM – 4:00 PM

Airport Hilton Hotel
2098 Airport Road
Wichita, KS
316/945-1940

This workshop is sponsored by Watson Pharmaceuticals – Senior Care Division

Workshop Objectives

At the end of this workshop, the participant will be able to:

1. Summarize the prevalence, incidence and at-risk populations for UI in the adult care home.
2. Describe three components necessary to properly assess residents with UI.
3. Describe behavioral programs such as toileting programs that can be successful in this population.
4. Describe containment strategies that are successful in residents.

Application has been made for 6.0 Administrator Resident Care CEUs and Nurse CEUs

About the Speaker

Diane K. Newman, MSN, is a certified nurse practitioner and Co-Director of the PENN Center for Continence and Pelvic Health, Division of Urology, University of Pennsylvania Medical Center, in Philadelphia.

Ms. Newman received a Bachelor of Science degree in nursing from LaSalle University, and a Master of Science degree in nursing from the University of Pennsylvania, both in Philadelphia. She is certified as an adult nurse practitioner by the American Nurses Credentialing Center. She is a fellow of the American Academy of Nursing.

Ms. Newman is principal investigator and co-investigator in many research studies on the treatment and management of urinary incontinence, overactive bladder, and erectile dysfunction. She is currently serving as co-principal investigator on five such studies. Ms. Newman was the Co-chair of the 1996 Agency for Healthcare Research and Quality Clinical Practice Guideline on Urinary Incontinence: Acute and Chronic Management. She is a member of the panel of experts of CMS's Scope and Severity of Nursing Care Deficiencies panel of experts in long-term care on "Guidance to Surveyors on Incontinence and Catheters."

Ms. Newman is Chairperson of the Committee on Promotion, Education, and Organization for Continence for the World Health Organization's International Consultation on Incontinence. In 2002, the National Association for Continence presented her with the Continence Care Champion Award.

Ms. Newman is an internationally known speaker on the topic of urinary incontinence and the use of devices and products for the management of incontinence. A prolific writer, Ms. Newman has written and presented more than 75 scientific papers, chapters, and articles on the assessment, treatment, and management of incontinence with an emphasis on the nurse's role. Her work has appeared in many journals including Urologic Nursing, Journal of Enterostomal Nursing, RN, Obstetrics and Gynecology, and the American Journal of Nursing.

**Workshop Registrations must be received by Wednesday, October 8
to assure space and handout material. Lunch is included in the Registration fee.**

